

AVOID TRIPPING AND SLIPPING HAZARDS IN THE LABS!

- Store personal items in the cubby at your work station (not on the floor);
- Clean up all spills (including dropped ice cubes) immediately;
- Close the locker drawers after every use;
- Inform an in-charge person of any hazards that you notice.

If you see something, say something:

safety is everyone's responsibility

MONTHLY SAFETY FOCUS
Slips, Trips, & Falls

Common Causes of Slips:

- Spills
- Wet or oily surfaces
- Inclement weather
- Loose or un-anchored rugs or mats
- Flooring or other walking surfaces that do not have same degree of traction in all areas

Common Causes of Trips:

- Poor lighting
- Clutter in your way
- Wrinkled carpeting
- Uncovered cables
- Bottom drawers not being closed
- Uneven steps, thresholds and walking surfaces
- Obstructed view

It is everyone's responsibility to prevent slips, trips and falls from occurring.

Slips, trips, and falls put employees at risk of sprains, strains, bruises, concussion, and fracture.

What You Can do to Prevent Slips, Trips and Falls

- Be aware of tripping hazards, such as wet floors, wrinkled carpets and elevation changes.
- During inclement weather, be aware of black ice and wear appropriate winter footwear with slip-resistant soles. Report any areas of concern directly to Facilities.
- Keep walkways free of debris, clutter and obstacles.
- Make sure entrances are clear of rain, water, snow, ice and slush. Contact Facilities to report any slick areas.
- Always use a ladder to reach high shelves (never stand on a chair or box).
- Watch where you are going, don't text and walk at the same time.
- Check your workplace for any potential hazards and report them immediately to your supervisor.
- Contact Facilities to replace burnt out light bulbs promptly.
- Use handrails when taking the stairs.

Report all Slips, trips and fall hazards and incidents to your supervisor.

If you have any health & safety concerns, please contact your supervisor. For additional health & safety support please visit the [DH&S SharePoint site](#).