

Support Services

Learning is deeply connected to lived experiences, and it may provoke strong feelings and responses - especially at a stressful time. As we work through this course, it is important to treat yourself and each other with respect and compassion. Please take care of yourself and show kindness to your peers as you learn. If you need help, reach out to me! And, remember that there are number of resources to help support your mental, emotional, physical, social, and financial well-being at KPU:

Counselling Services: <http://www.kpu.ca/counselling> (Now available 24/7)

Advising: <http://www.kpu.ca/advising>

Learning Centre: <https://www.kpu.ca/learningcentres>

International Student Services: <http://www.kpu.ca/international>

KPU Gathering Place: <https://www.kpu.ca/indigenous/gathering-place>

Services for Students with Disabilities: <http://www.kpu.ca/ssd>

Here2Talk: Support for Students: here2talk.ca

KPU Financial Assistance: <https://www.kpu.ca/awards>

BC Covid-19 Resources: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>

KPU Food Bank: <http://www.kusa.ca/foodbank/>

Laptop Borrowing through KPU Library: <https://kpu.libwizard.com/f/laptopsloans>

IT Services for KPU Students: <https://www.kpu.ca/it/students>